



Routines

Ah, the dreaded memory test.....

In your excitement to go flying, you rush out of your home and you arrive at the hill and find that you have forgotten your vario / helmet / boots / jacket.... I think that we have all done one of these or similar once!

The answer - Check Lists, Routines and being Methodical.

Start as soon as you get home from flying - recharge your electronic batteries, replace XC pee bits, and put all your kit ready for your next flight back in your rucksack. You are "ready to go" when next needed.

As you go out go the house don't forget boots, jacket, poles (if you use them) water and food.

Pre-flight checks: Mnemonics work for some people (I could never remember "Will Geordie" etc as promoted by the BHPA), but I like a visual written checklist to work through (exactly the same as fixed wing aircraft use for all procedures - safety-wise it works for them, so why not for us?). Mine is written on a bit of rip stop repair fabric stuck on the front of the instrument housing on my pod



I have check lists for a flying trip abroad and for competitions. As these are activities that maybe only happen once a year it is very easy to forget something vital. Much easier to have it all written down and then there is no nagging anxiety that you might have forgotten something. Are there others that you use and want to share?