

SAFETY IS NO ACCIDENT(S)

How do you achieve this?

By PREVENTION and reducing all risks to as close to zero as possible.

You are aiming to get everything right all the time.

*Practice makes Perfect and Perfect Practice makes **Perfection***

This should be your aim every flight:

Factors contributing to **Perfection** are

P reparation	➤ physical and mental
E valuation	➤ based on your knowledge - weather, NOTAMS, Telegram Chats and site guides
R outines	➤ pre-flight check lists - lists for comps etc
F itness	➤ mental and physical
E quipment	➤ knowing how it all works
C omfort in flight	➤ hydration and food during flights - XC pee - all help concentration
T raining	➤ setting goals for each flight - SIV
P ositive reinforcement	➤ mental attitude - self belief
I nquisitiveness	➤ learning log and reflection after each flight)
L earning	➤ life long from books, internet, pilots etc)
O bservation	➤ peripheral vision - clearing turns - landing out
T hermalling and flying skills	

Are there more that you can think of, that are important to you and you would like to share? Please let Rob Davis know - treborsivad93@icloud.com

Over the next year I intend to look at each of these areas in more depth and tease out some “take home” points.

Get **THINKING** about YOUR FLYING